



MODULE 5

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| MODULE | How to use BOOM App |
| MAIN OBJECTIVES OF THE MODULE | The main objectives of the module on using the BooM App are to empower participants with the knowledge and skills to effectively utilize the app as a personalized memory box for individuals with dementia. By achieving these objectives, participants will be equipped to create engaging and tailored reminiscence experiences, promoting cognitive stimulation, emotional well-being, and meaningful connections for individuals with dementia and their caregivers. |
| GENERAL LEARNING OUTCOMES | <p>At the end of the module learners will be able to:</p> <ul style="list-style-type: none"> • Increased knowledge and understanding of the benefits and importance of personalized memory boxes in reminiscence therapy for individuals with dementia. • Proficiency in using the BooM App to create personalized digital memory boxes tailored to the needs and preferences of individuals with dementia. • Enhanced ability to navigate and utilize the features and functionalities of the BooM App effectively. • Improved skills in gathering, inputting, organizing, and managing various types of media (photos, videos, music, recorded narratives) within the app. • Understanding of how to optimize the reminiscence experience by adjusting settings and preferences within the app. • Knowledge of how to share and export memory boxes to different devices or platforms for accessibility and sharing with individuals with dementia and their caregivers. • Ability to facilitate the use of the BooM App and memory boxes in reminiscence activities, promoting engagement, communication, and cognitive stimulation. • Appreciation of the ethical considerations and privacy concerns when us • Familiarity with strategies for integrating the BooM App and memory boxes into daily routines and care practices for individuals with dementia. • Improved communication and facilitation skills when guiding individuals with dementia and their caregivers in using the BooM App and memory boxes. • Increased confidence in troubleshooting common technical issues and challenges that may arise when using the app. • Understanding of the potential of digital tools and technology in enhancing reminiscence therapy for individuals with dementia. • Awareness of the importance of ongoing learning and staying updated with advancements in digital tools and technology for dementia care. |



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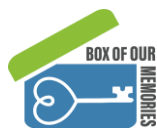
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| LEARNING OUTCOMES (ICT): | <ul style="list-style-type: none"> • Competence in utilizing digital tools and technology, specifically the BooM App, to support reminiscence therapy for individuals with dementia. • Familiarity with the features, functions, and user interface of the BooM App. • Proficiency in navigating and utilizing digital platforms and applications to input, organize, and manage media within the app. • Skills in adjusting settings and preferences within the app to optimize the reminiscence experience for individuals with dementia. • Understanding of privacy and data security considerations when using digital tools and technology for reminiscence therapy. • Ability to troubleshoot common technical issues related to using the BooM App. • Increased digital literacy and confidence in using digital tools and technology to enhance dementia care. • Awareness of the ethical and responsible use of ICT resources in reminiscence therapy for individuals with dementia. • Appreciation of the potential of ICT tools in promoting engagement, communication, and cognitive stimulation for individuals with dementia. • Understanding of the ongoing advancements in digital tools and technology relevant to dementia care and the importance of staying updated. | |
| DURATION | 3 HOURS | |
| MATERIALS REQUIRED | <ul style="list-style-type: none"> • Mobile device: telephone, tablet, laptop or computer • Internet connection | |
| LEARNING SCENARIO | BOOM APP | TIME |
| Unit 1 Familiarize participants with the features and functionalities of the BooM App | Familiarize participants with the features and functionalities of the BooM App: <ul style="list-style-type: none"> • Explain the purpose and capabilities of the BooM App as a personalized memory box for individuals with dementia. • Explore the user interface and navigation of the app. • Learn how to access and utilize the different tools and options available within the app. Link to App: www.boom-app.eu/en/ | 30 min. |



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| <p>Unit 2</p> <p>Provide guidance on creating personalized digital memory boxes using the BooM App</p> | <p>Provide guidance on creating personalized digital memory boxes using the BooM App:</p> <ul style="list-style-type: none"> • Learn how to gather and input media, such as photos, videos, music, and recorded narratives, into the app. • Explore techniques for organizing and categorizing the media within the memory box to create meaningful narratives and connections. | <p>30 min.</p> |
| <p>Unit 3</p> <p>Demonstrate techniques for tailoring reminiscence experiences using the BooM App:</p> | <ul style="list-style-type: none"> • Learn how to customize the presentation and layout of the memory box to suit individual preferences and needs. • Explore options for incorporating interactive elements, interactive media, to engage and stimulate cognition. • Present how to adjust settings within the app to optimize the reminiscence experience for individuals with dementia. | <p>30 min.</p> |
| <p>Unit 4</p> <p>Provide guidance on sharing and using the memory boxes created with the BooM App</p> | <p>Provide guidance on sharing and using the memory boxes created with the BooM App:</p> <ul style="list-style-type: none"> • Present how to share and export the personalized memory boxes to different devices or platforms for accessibility. • Show how to facilitate the use of the memory box with individuals with dementia, their caregivers, and other relevant stakeholders. • Explore strategies for integrating the memory box into daily routines and care practices to maximize its impact and benefits. | <p>30 min.</p> |
| <p>Unit 5</p> <p>Address technical considerations and troubleshooting</p> | <p>Address technical considerations and troubleshooting:</p> <ul style="list-style-type: none"> • Show common technical issues that may arise when using the BooM App and how to troubleshoot them. • Present updates, upgrades, and support resources available for the BooM App. • Address privacy and security considerations when using the app, ensuring the protection of personal and sensitive information. | <p>30 min.</p> |



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| <p>Unit 6</p> <p>Foster creativity and innovation in utilizing the Boom App</p> | <p>Foster creativity and innovation in utilizing the Boom App:</p> <ul style="list-style-type: none"> • Encourage participants to explore creative ways of utilizing the app to enhance reminiscence experiences. • Inspire participants to adapt and innovate in incorporating the app into their professional practices or caregiving routines. • Promote the exchange of ideas and experiences among participants to generate new approaches and insights. | <p>30 min.</p> |
| <p>Q&A</p> | <p>Summary of the session Trainer with participants organize q&a panel about reflections and feedback regarding App session.</p> | <p>15 min.</p> |

BOX OF OUR MEMORIES



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