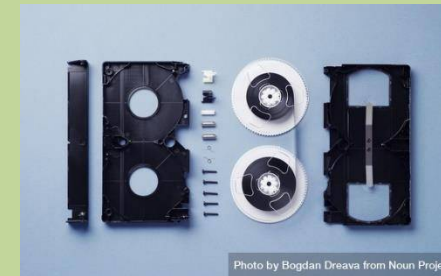


Filming at Heritage Sites (for those with Dementia)

Experts emphasise that people with dementia feel safe in places that are familiar to them and spend their daily lives in. In this sense, it is better to use video and audio material for the app in a familiar space that characterises the daily life of people with dementia to make them feel safe so that the memory trigger can be done with a higher chance of success.

Audio-visual stimuli can provide individual engagement as well as social interaction for people with dementia. It is recommended that their use is always accompanied by a discussion with caregivers or family members.



Points for Reflections

- The goal of such adapted multimedia is to improve the quality of life of both the person with dementia and the caregiver/family member by increasing engagement that promotes conversation and socialisation of the person with dementia.
- The use of personalised audio and visual material such as videos reduces according to experts the behavioural problems of people with dementia and improves their mood, and cognition.