



IMPLEMENTATION STRATEGY OF BOOM PROJECT



PROJECT RESULTS 1 METHODOLOGY HANDBOOK

It is important to start with adequate knowledge and theoretical information about dementia, the principles of non-pharmacological interventions and more specifically reminiscence therapy and good practices of interventions of reminiscence therapy which involve museums and archives. The methodological handbook will guide adult educators and other professionals to utilise the results of the Boom project and work in the heritage sector with people with dementia.



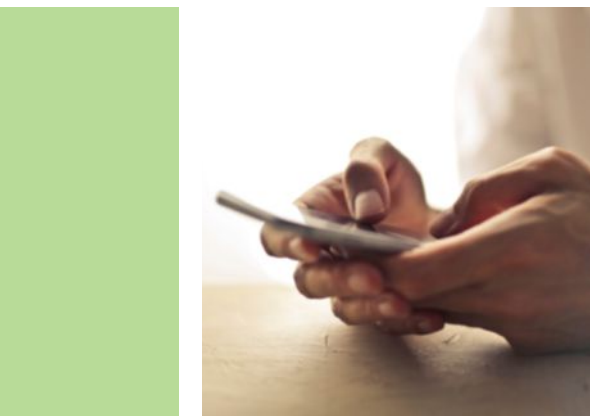
PROJECT RESULTS 2 CONTINUOUS PROFESSIONAL DEVELOPMENT

Once you have read the manual, you can go deeper into the topics with the CPD course for professionals. The aim of the CPD is to give participants from various sectors involved in working with people with dementia the opportunity to upskill and share competences. This course targets both adult educators and professionals in using the local environment for working with adults and specifically will deliver the necessary knowhow for the use of the APP and associated materials.



PROJECT RESULTS 3 BOOM TOOLKIT

The Boom toolkit is a resource for people with dementia, formal and informal caregivers to help them make the best use of the potential of the Boom app to promote their psychological well-being. The toolkit offers hints on which materials can be uploaded to the app and proposes a series of interesting activities to be carried out with the person with dementia that exploit the benefits of reminiscence therapy and cultural heritage from museums and archives.



PROJECT RESULTS 4 BOOM APP

Thanks to the theoretical training and good practices outlined in the methodological handbook, the in-depth training course on reminiscence therapy using digital tools and drawing on the cultural heritage of archives and museums, and thanks to the practical tips in the toolkit, it is possible to make the best use of the app. The Boom app allows users to create a customised memory box and collect different types of materials such as photos, videos, songs, audio, places, 3D objects and documents, that can be used to conduct reminiscence therapy sessions with people with dementia.



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